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## Larkin Hill Sept 2020 Training

**Efforts:** 21

**Opt. Time:** 5m 14s

**Distance:** 2355 m

**Time Limit:** 10m 28s

**Speed:** 450 m/min

**Speed Fault:** 4m 32s

1 Split Cedar

2 Palisade

3 Trakhener

4AB Power Poles

5 Brush Coop

6A Beams

6B Chevron

7 Pine Planks

8AB Step to Brush Box

9 New Table

10 Hay Scoot

11 Barrels

12 Power Pole

13 Corner

14 Arch Table

15 Red Gate

16A Wider Log Box

16B Narrower Log Box

17 Double Bench